

## Checklist for Radiofrequency Ablation Procedure

1. **Please call to set up an appointment** to see Dr. James C. Wittig, Orthopedic Oncologist, to ensure that you have had all the appropriate tests needed to diagnose the Osteoid Osteoma. You will need to be examined and all of the actual radiological studies will need to be reviewed by Dr. Wittig. If Dr. Wittig agrees with the diagnosis, he will schedule you for the procedure with the appropriate radiologist. Dr. Wittig will need to keep your radiological studies and discuss them with the radiologist.
2. **If you have to travel a far distance** to see Dr. Wittig, it would be better if all the radiological studies were sent to Dr. Wittig for review before making a trip. We may want additional studies or blood tests. If we agree with the diagnosis we may be able to schedule you for an appointment with Dr. Wittig and the procedure within a few days of each other.
3. **The Procedure — You will need to do the following before having the procedure:**
  - **Get a Preoperative Evaluation** by your medical doctor or by the pediatrician (Medical clearance for the Anesthesia)
  - **Have Preadmission testing** at Mt. Sinai Medical Center.
  - **Do not eat or drink** anything after midnight the night before the procedure including water; If you are on special medications, you may take the medications with sips of water.
  - You will need a **companion, parent, relative or friend** to accompany you to the procedure. You will be very tired and may be dizzy after the procedure from the anesthesia. There may be slight nausea. Your companion will need to accompany you home a few hours after the procedure.
  - **On the day of your procedure**, you will meet with the radiologist who will perform the radiofrequency ablation. He or she will discuss the procedure in detail again. You will also meet the anesthesiologist who will discuss the anesthesia for the procedure.
  - The **procedure** takes approximately **1-2 hours** depending on the location of the tumor. At the conclusion of the procedure, the patient will be transferred to the recovery room where he or she will recuperate for a few hours. The patient will then be permitted to go home.
  - You will need to call Dr. Wittig's office for a **follow up appointment** 212-241-8892 approximately 2-3 weeks after the procedure. **You are to call Dr. Wittig's office immediately if there is increasing pain, excessive swelling, fever or excessive drainage from the wound. If there are any signs of infection you should contact Dr. Wittig's office immediately.** There will be small amounts of bloody drainage for 1-2 days after the procedure. This is normal along with mild swelling. An **ice pack** can be applied to the area after the procedure for 24 hours (putting the ice bag on for 20 minutes and then removing it for 20 minutes). The patient may shower the following day. You will be given a prescription for pain medication to take as needed.